

**Amendments to the Specification:**

Please amend the Abstract as shown below:

The present invention relates to an improved cable comprising a plurality of twisted pairs of conductors and a jacket in which the twisted pairs of conductors are located. The jacket defines channels that run along a length of the cable. The channels have open sides that face toward the twisted pairs of conductors within the jacket

~~isolated insulated conductor with a low dielectric constant and reduced material costs. The conductor extends along a longitudinal axis and an insulation surrounds the conductor. At least one channel in the insulation extends generally along the longitudinal axis to form an insulated conductor.~~ Apparatuses and methods of manufacturing the improved insulated conductor cable are also disclosed.